

# *Lemon Poppy Seed Muffin*

Fortified with **SuperCoat® Omega-3,**  
**Vitamins & Minerals**  
**Gluten Free**

Get **business** popping  
with a sweet **new idea**



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# Lemon Poppy-Seed Muffin

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Gluten Free

## Product Highlights

### Gluten Free Fortification Premixes

- Deliver vitamins, minerals and other nutrients in a Celiac-friendly blend for baking applications.
- Customized to target specific health issues such as immune system, bone function and heart health.
- Improve the overall quality of life for people with Celiac Disease and Gluten Intolerance.

### SuperCoat® Omega-3

- 4:1 DHA/EPA Powder
- 2:1 DHA/EPA Powder
- 2:1 EPA/DHA Powder
- DHA Concentrated Powder
- EPA Concentrated Powder

### SuperCoat® Bake Stable Vitamins

- Increased vitamin potency retention during baking.
- Maintain nutritional claim throughout product shelf-life.
- Reduce potential ingredient and nutrient interaction.

## Nutrition Facts

Serving Size 2 muffins (50g)

Amount Per Serving

**Calories 160**    **Calories from Fat 60**

% Daily Value\*

**Total Fat** 7g                      **10%**

Saturated Fat 1.5g                **8%**

**Cholesterol** 30mg                **10%**

**Sodium** 170mg                   **7%**

**Total Carbohydrate** 23g        **8%**

Dietary Fiber 0g                   **0%**

Sugars 12g

**Protein** 2g

Vitamin A 10% • Vitamin C 10%

Calcium 5%     • Iron 20%

Vitamin D 10% • Vitamin E 10%

Thiamin 20%   • Riboflavin 20%

Niacin 20%    • Vitamin B6 20%

Folate 20% • Pantothenic Acid 20%

INGREDIENTS: Gluten-Free Muffin Mix, Water, Oil, Poppy Seeds, Lemon Icing Fruit, Omega-3 Fatty Acids, Vitamin/Mineral (Vitamin A Palmitate, Cholecalciferol, Vitamin E Acetate, Calcium Ascorbate, Thiamine Mononitrate, Niacinamide, Riboflavin, Calcium D-Pantothenate, Pyridoxine HCl, Cyanocobalamin, Folic Acid, Ferric Orthophosphate, Calcium Carbonate)

Omega-3	DHA	EPA
200 mg	160 mg	40 mg



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